

## **TRAFFIC RULES & REGULATIONS FOR CAR DRIVERS**

- 1. Always carry your original driving license and important documents such as your vehicle registration certificate, insurance certificate, road tax token with you while driving.**
- 2. Obey all traffic signals, lights and signs and always stop before the STOP line at traffic intersections when you see a red traffic light or the Policeman signals you to stop.**
- 3. Use the indicator or hand signals when maneuvering the vehicle.**
- 4. Adhere to permitted speed limits.**
- 5. Don't use your cell phone while driving. If you must, move to the left, halt and then take the call.**
- 6. Irrespective of right of way, stay alert and be considerate to pedestrians especially senior citizens, handicapped, ladies and children.**
- 7. Do not overload your vehicles- be it luggage or passengers.**
- 8. Do not use tinted glasses, lenses or visors or anything that restricts vision at night or in poor visibility conditions.**
- 9. Do not drink and drive as it adversely affects your judgment and abilities.**
- 10. Wear seat belts.**
- 11. Always drive using the correct gear.**
- 12. Avoid sudden braking and harsh acceleration.**
- 13. Never use the clutch as footrest while driving.**

- 14. Do not overload your vehicle or trailer. Never tow greater weight than recommended by the manufacturer of your vehicle.**
- 15. Please ensure that all children under 14 years of age wear seat belts or sit in an approved child restraint.**
- 16. Driving in fatigue enhances the probability of an accident. To minimize this risk you must follow these rules:**
  - a. Make sure you are fit to drive. Do not undertake a long journey (longer than an hour) if you feel tired.**
  - b. Avoid undertaking long journeys between midnight and early morning hours, when natural alertness is at its worst.**
  - c. Plan your journey in breaks. A minimum break of at least 15 minutes after every two hours of driving is recommended.**
  - d. If you feel sleepy, stop at a safe place. Do not stop on the hard shoulder of a motorway.**
  - e. The most effective ways to counter sleepiness are to take a short nap (up to 15 minutes) or drink, for example, two cups of strong coffee. Fresh air, exercise or turning up the radio may help for a short time, but are not as effective.**
- 17. Children in cars. Drivers who are carrying children in cars should ensure that :**
  - a. Children do not sit behind the rear seats in an estate car or hatch back, unless a special child seat has been fitted.**
  - b. The child safety door locks, where fitted, are used when children are in the car.**

**c. Children are kept under control.**

**d. A rear-facing baby seat is never fitted into a seat protected by an AIRBAG**

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