

**First Aid Fire Fighting & Disaster Preparedness Training programme for
Govt. Servants and General public.**

Date & Time	Subject	Contents
1st day 0930-1045 hrs	Mechanism of Fire Initiation, Spread and extinction.	Classification of fire, fire extinction, Theory of fire triangle, spontaneous combustion, application of fire extinguishers and its refilling, upkeep & maintenance.
1045 to 1100		
1100-1210 hrs	Rural & Urban Fire and its preventive measures.	Causes of Fire, Do's & Don'ts, good House Keeping, Equipments used in Rural/Forest fire, fire fighting methods, use of fire vehicles & appliances.
2nd day 0930-1045 hrs	Fire prevention & Fire protection measures.	LPG and its hazards, Fire Fighting methods, Course of action in case of fire, Oxygen depletion, handling Burn injury victims, Assistance to be rendered by General public at the time of disaster.
1045 to 1100		
1100-1230 hrs	Rescue methods & Medical first aid	Medical first aid like CPR, Triage, ABC Safe Zone (refuge area) escape route evacuation procedures, methods of rescue, handling & transport of injured person, handling of burn casualty, shock and pre hospital treatment, rescue knots, electrical hazards and fire fighting techniques for live electrical installation.
3rd day 0930-1000 hrs 1000-1045 hrs	Familiarization of activities of Fire Service.	<ul style="list-style-type: none"> • Visit of Fire Control Room to know the functions of FCR, important telephone numbers of various agencies who can render service during emergency. • Visit of FS Aberdeen to witness the operational techniques of Water Tender, Rescue Tender, Disaster Management Equipments etc.
1045-1130 hrs	Live demonstration of various Fire Extinguishers	Types of first aid fire fighting equipments, Portable fire extinguishers, Uses, operating methods and precautions while using extinguishers care and maintenance.
1130-1230 hrs	Valedictory function	<ul style="list-style-type: none"> • Receipt of Feedback from the participants. • Interaction with participants by CFO • Distribution Certificates to the participants.

FIRST AID FIRE FIGHTING, DISASTER PREPAREDNESS & MEDICAL FIRST AID
PROGRAMME FOR THE YEAR 2018.

(For the benefit of General public, Govt. officials, Students, teaching
faculties, employees of private establishments)

Year/Month	Batches	Date
2018 January	1 st	15/01/2018 to 17/01/2018
2018 February	2 nd	12/02/2018 to 15/02/2018
2018 March	3 rd	19/03/2018 to 21/03/2018
2018 April	4 th	During Fire Service Week, lecture and demonstration are being conducted in the premises of Govt. Buildings, public places etc. from 14 th – 20 th April, 2018.
2018 May	5 th	14/05/2018 to 16/05/2018
2018 June	6 th	18/06/2018 to 20/06/2018
2018 July	7 th	16/07/2018 to 18/07/2018
2018 August	8 th	07/08/2018 to 09/08/2018
2018 September	9 th	17/09/2018 to 19/09/2018
2018 October	10 th	15/10/2018 to 17/10/2018
2018 November	11 th	26/11/2018 to 28/11/2018
2018 December	12 th	17/12/2018 to 19/12/2018

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