TRAFFIC RULES & REGULATIONS FOR CAR DRIVERS

1. Always carry your original driving license and important documents such as your vehicle registration certificate, insurance certificate, road tax token with you while driving.

2. Obey all traffic signals, lights and signs and always stop before the STOP line at traffic intersections when you see a red traffic light or the Policeman signals you to stop.

3. Use the indicator or hand signals when maneuvering the vehicle.

4. Adhere to permitted speed limits.

5. Don’t use your cell phone while driving. If you must, move to the left, halt and then take the call.

6. Irrespective of right of way, stay alert and be considerate to pedestrians especially senior citizens, handicapped, ladies and children.

7. Do not overload your vehicles- be it luggage or passengers.

8. Do not use tinted glasses, lenses or visors or anything that restricts vision at night or in poor visibility conditions.

9. Do not drink and drive as it adversely affects your judgment and abilities.

10. Wear seat belts.

11. Always drive using the correct gear.

12. Avoid sudden braking and harsh acceleration.

13. Never use the clutch as footrest while driving.
14. Do not overload your vehicle or trailer. Never tow greater weight than recommended by the manufacturer of your vehicle.

15. Please ensure that all children under 14 years of age wear seat belts or sit in an approved child restraint.

16. Driving in fatigue enhances the probability of an accident. To minimize this risk you must follow these rules:

   a. Make sure you are fit to drive. Do not undertake a long journey (longer than an hour) if you feel tired.

   b. Avoid undertaking long journeys between midnight and early morning hours, when natural alertness is at its worst.

   c. Plan your journey in breaks. A minimum break of at least 15 minutes after every two hours of driving is recommended.

   d. If you feel sleepy, stop at a safe place. Do not stop on the hard shoulder of a motorway.

   e. The most effective ways to counter sleepiness are to take a short nap (up to 15 minutes) or drink, for example, two cups of strong coffee. Fresh air, exercise or turning up the radio may help for a short time, but are not as effective.

17. Children in cars. Drivers who are carrying children in cars should ensure that:

   a. Children do not sit behind the rear seats in an estate car or hatch back, unless a special child seat has been fitted.

   b. The child safety door locks, where fitted, are used when children are in the car.
c. Children are kept under control.

d. A rear-facing baby seat is never fitted into a seat protected by an AIRBAG

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